



# Riverside East Elementary Breakfast Menu

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<p><b>Prices:</b>  <b>“FREE”</b></p>		<p>State requires offering of 1 cup of fruit at breakfast. Additional fruit or juice will be offered at register.</p>		<p>With CDC guidelines in effect students will receive a breakfast bag to include menu listed/condiments/utensils/napkin</p>	
		NutriGrain Bar		NutriGrain Bar	
		Cheese Stick		Cheese Stick	
		Fresh Fruit		Fresh Fruit	
		Choice of Milk		Choice of Milk	
5	6	7	8	9	
Pillsbury Freudel	Pillsbury Freudel	Cinni Mini	Cinni Mini	Kellogg’s Rice Krispy Treat	
Scooby Sticks	Scooby Sticks	Fruit	Fruit	Cheese Stick	
Fresh Fruit	Fresh Fruit	Choice of Milk	Choice of Milk	Fruit	
Choice of Milk	Choice of Milk			Choice of Milk	
12	13	14	15	16	
<b>COLUMBUS DAY</b>		Otis Spunkmeyer Muffin	Otis Spunkmeyer Muffin	Kellogg’s PopTart	
		Cheese Stick	Cheese Stick	Cheese Stick	
		Fresh Fruit	Fresh Fruit	Fresh Fruit	
		Choice of Milk	Choice of Milk	Choice of Milk	
19	20	21	22	23	
Kellogg’s PopTart	<i>Trix Cereal Bar</i>	Trix Cereal Bar	Cinni Mini	Cinni Mini	
Cheese Stick	Cheese Stick	Cheese Stick	Fruit	Fruit	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Choice of Milk	Choice of Milk	
Choice of Milk	Choice of Milk	Choice of Milk			
26	27	28	29	30	
NutriGrain Bar	NutriGrain Bar	<i>Trix Yogurt</i>	Trix Yogurt	Cereal Bar	
Cheese Stick	Cheese Stick	Scooby Sticks	Scooby Sticks	Cheese Stick	
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	

## Breakfast in the Classroom

**COST**  
**“FREE” FOR ALL STUDENTS**

With CDC guidelines in effect students will receive a breakfast bag upon arrival at school that will include the listed menu/utensils/napkins.

**Hello! My name is Ana.**  
 Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.



**Choice of Milk**  
 Variety includes low-fat and fat-free choices.

